



YAS PACKING LIST

Becket-Chimney Corners YMCA

The natural tendency is to pack too much. Don't forget, **YOU CARRY WHAT YOU PACK!** It is helpful to bring an extra bag to camp for pre-trip and post-trip clothing. There will be a small storage space at camp for the extra bag and items you wish to leave behind. Remember that temperatures in Montana and Colorado can vary greatly, reaching the 90°s during the day and low 30°s at night. **Clothing may return torn and covered with mud or paint. Do not bring anything expensive that you are not willing to part with.**

Very Important Items

- **Backpack, Rolling Suitcase or Duffel with wheels** – This is your preference. You must be able to carry all of your belongings through the airport and load them in and out of vehicles yourself. Participants will not be “backpacking” on YAS. They will be camping at sites reached by vehicles and going on dayhikes during the day.
- **Daypack** – Like a school backpack, it should be comfortable for hiking and be able to carry a water bottle, rain jacket and lunch.
- **Sleeping Bag and Sleeping Pad** – Your sleeping bag should be rated to 20 degrees or lower, Yellowstone gets cold at night! Must fit inside your backpack or suitcase.
- **Water Bottles (2)** – Nalgene or Sigg style (32 oz) is preferred. These are essential!

Clothing

- **Pants (2-3 prs.)** – 1 pair for work/paint use, 1 daily or dress use. Only 1 pr. Jeans.
- **Shorts (4prs.)** – No shorter than 5 inches above the knee. One pair should be long/athletic type.
- **T-shirts (7)** – Really, T-shirts. Shoulders should be covered – sunburns have been awful.
- **Tank Tops (1-2)** – These are back up to the T-shirts.
- **Long Sleeved Shirts (2)** – One should be synthetic (not cotton, fast drying)
- **Fleece (1)** – Yellowstone can get very cold.
- **Underwear (8prs.)**
- **Hats (2)** – One warm winter hat, 1 sun or baseball style hat.
- **Gloves (1pr.)** – One pair of work gloves with leather palms or other heavy-duty material.
- **Bras (3-4)** – One sport bra
- **Socks (8 prs.)** – 4 prs. should be synthetic hiking or wool socks.
- **Pajamas (1pr)** – suitable for (REALLY!) cold nights
- **Bathing suit (1)**
- **Long Underwear** – Polypropylene / Synthetic style, top and bottom.
- **Waterproof Rain jacket or Shell with a Hood (1)**

Footwear

- **Hiking Boots (1 pr.)** – Essential!
- **Sneakers (1pr.)**
- **Shower Sandals (1pr.)** – Best if they have straps so that they won't be lost when wading a river

Miscellaneous

- **Toiletries** – Bring enough for the whole trip.
- **Strong Sun Block – SPF 30 or higher.** Long service days leave skin exposed.
- **Pads/Tampons** – Female campers should bring them even if you think you will not need them.
- **Travel Towel (1-2) and Washcloth** – bring a towel that will dry quickly.
- **Camera with extra batteries** – Film or digital is fine. Either way, charging spaces may not be available.
- **Memory (at least 1 GB) or Film (8-10 rolls)**
- **Watch!!** – It is really important to be on time.
- **Travel Alarm Clock** – You may be responsible for waking up the group during the trip. If your watch has an alarm, know how to use it.
- **Flashlight or Headlamp** – Compact with extra batteries. This will be your nightlight.
- **Large Plastic Trashbags (2)** – For dirty laundry and to keep things dry.
- **Ziplock Bags** – Both small and large for packing and to protect your things.
- **Bandanas (1-2)** – Good for everything.
- **Spare Eyeglasses** – Especially for contact wearers.
- **Personal Journal & Letter writing materials**
- **First Aid Kit** – Keep it small and fill it with items you may commonly need or use.
- **Phone Card** – Pay phone calls are the easiest way for participants to communicate with their families. There is often no cell coverage in the areas they are traveling in.
- **Bug Repellent**
- **Personal ID** – To cash traveler's checks.
- **Sunglasses**

Optional

- **Books, Games or Cards** - for long waits and plane rides. You can bring an iPod but you are responsible for it. Charging may not always be available.
- **Games or Craft Supplies** – for running the Day Camp on the Reservation
- **Frisbee, hacky-sacks**
- **Anti-bacterial Hand Gel** – Lots of Outhouses!
- **Musical Instrument**
- **Songbooks and Sheet Music** – especially with guitar notations.
- **Favorite Recipe to make**
- **Stuff Sacks** – For keeping clothing organized.
- **Small Locks** – For luggage.
- **Inflatable or Compressible Travel Pillow**
- **Swiss Army Knife**